

Over the Grosse Scheidegg Pass to Grindelwald

HIKING AMONG ICONIC PEAKS (CH) | 2 DAYS

The Scharzwaldalp in the Rosenlaui Valley was the first settlement established along the mountain road from Meiringen to Grindelwald. Under the watchful eyes of the imposing Wetterhorn, Rosenhorn, Wellhorn and Engelhörner peaks, this tour takes you from Haslital over the Grosse Scheidegg Pass to Grindelwald.

Technique	beginner
	Alpine technique: no prior alpine technique knowledge needed; Terrain: mostly moderately steep
Condition	beginner
	Duration from 2 to 4 hours, up to approx. 700 vertical meters, approx. 250 vertical meters per hour.
Meeting place	9.30 a.m. Meiringen, train station (train arrival 9.16 a.m. Meiringen)
Departure	Approx. 15.00 p.m. Grindelwald
Accommodation	Chalet-Hotel Schwarzwaldalp, Schwarzwaldalp, CH-3860 Meiringen
	Services
•	Guidance and supervision provided by a mountain guide Accommodation with half board: 1 x hotel (standard double room) 15% discount on mammut.com
•	Travel to the course Transport (Taxi approx. CHF 25) Snacks and drinks Rental Equipment

1

ZERMATTERS ALPINE SCHOOL

Program

Day 1

Individual arrival in Meiringen. Welcome by the mountain/hiking guide and handover of any ordered rental equipment. The taxibus will then take you up the Reichenbach Valley, past the nostalgic Hotel Rosenlaui to the Schwarzwaldalp. After a brief discussion of the schedule, you will take part in a leisurely introductory tour towards Alp Grindel and learn about avalanche safety and emergency equipment. In the evening, you will have the chance to enjoy a well-deserved aperitif, a fine evening dinner and a pleasant, friendly atmosphere. (Distance: 5 km; Hiking time: 2-3 hours; Ascent/Descent: 500 vertical meters).

Day 2

You will ascend along the snow-covered pass road at a comfortable pace to the Grosse Scheidegg at 1,960 m. Then it's time for a well-earned rest and the chance to enjoy the magnificent mountain panorama. And your goal is already in sight: Grindlewald below the formidable Eiger North Face. (Distance: 8 km; Hiking time: 3-4 hours; Ascent/Descent: 400/850 vertical meters).

ZERMATTERS ALPINE SCHOOL

Rental equipment

☐ Small medicinal supplies for personal requirements

Our	mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:	
	Barryvox (Avalanche Transceiver)	
	Avalanche Probe	
	Avalanche Shovel	
	MSR Snowshoes	
	(telescopinc) Ski poles	
Technical equipment		
	Barryvox (Avalanche Transceiver)	
	Avalanche Probe	
	Avalanche Shovel	
	Touring backpack (approx. 30I)	
	Snowshoes	
	(telescopinc) Ski poles	
	Gaiter (optional)	
Clothing		
	1x ski jacket and 1x ski pants (Gore-Tex or similar material)	
	1x Soft shell and/or fleece jacket	
	1x Short/long functional underwear	
	1x Beanie and 1x headband	
	2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)	
	1x Functional socks and 1x spare socks	
	Warm, robust winter shoes, must be laceable and have solid soles or mountain boots	
Overnight cottage		
	Clothes and shoes for the evening (for wearing in the accommodation and in the village)	
	Own toiletries, ear plugs if required	
Food		
	Breakfast and dinner at the hotel	
	Tea an lunch must be brought or can be bought in the village	
	Snacks (e.g. energy bars, dried fruit, dried meat)	
Various		
	Sunglasses and ski goggles	
	Sun cream and lip cream (SPF 30 or higher)	
	Camera and binoculars (optional)	
	Half fare travelcard (if existing)	
	Thermos flask made from break-proof material	