

# ZERMATTERS

## ALPINE SCHOOL

# Five 4,000-meter peaks Valais

## AN ALPINE SKI TOUR IN A CLASS OF ITS OWN (CH) | 5.5 DAYS

Take the 4,000-meter peak challenge with us. You'll soon see that even large mountains have their gentle side. Each day, you will climb a different 4,000-meter peak, from Allalinhorn 4,027 m to Alphubel 4,206 m, Strahlhorn 4,190m und Breithorn 4,164 m to Signalkuppe 4,556 m. Each summit more impressive than the last. Every ascent is followed by an amazing descent. This offer is also an option for newcomers to alpine ski touring, providing they have a good level of fitness.

This is an offer for skiers only.

### Technique **intermediate**

Piste: very confident on skis; Powder snow: solid experience in all types of snow;  
Terrain: mostly steep terrain; Alpine technique: solid experience of touring or a completed training course

### Condition **demanding**

Duration from 8 to 10 hours, up to approx. 1,800 vertical meters, approx. 350 vertical meters per hour.

### Meeting place

7 p.m. Hotel La Gorge, Blomattenweg 2, 3906 Saas Fee (bus arrival 18.34 Uhr Saas Fee, Busterminal) For the dates of 30.4. and 21.5. meeting place at 3.15 p.m. in Saas-Fee Busterminal (bus arrival 3.04 p.m. Saas-Fee, Busterminal).

### Departure

Approx. 3 p.m. in Zermatt

### Accommodation

Hotel La Gorge, Blomattenweg 2, 3906 Saas Fee  
Britannia Hut SAC 3,030 m  
Hotel Alphubel, Brantschenhaus 7, CH-3920 Zermatt  
Monte Rosa Hut SAC 2,883 m

## Services

### Included

- Guiding and supervision by a mountain guide
- accommodation with half board: 2 x hotel (standard double room), 3 x hut (base camp)
- Mammot safety equipment for testing (avalanche equipment worth CHF 99)
- 15% discount on mammot.com

### Not included

- Travel to the course
- transport (mountain rail from approx. CHF 110)
- snacks and drinks
- hut tax CHF 12 per night (approx.) for non-SAC/Alpine Club members
- Glacier equipment CHF 60 (harness, crampons, ice axe)
- Contribution to the Travel Guarantee Fund (0.25% on total amount)

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### Program

- Day 1** Individual arrival in Saas Fee and welcome by the mountain guide. Welcome drinks and discussion about the next few days, followed by a fine dinner. You'll be well prepared for starting out the following day.
- Day 2** Travel via Metro Alpin to the Mittelallalin station. Avalanche transceiver/safety instruction and ascent of Allalinhorn 4,027 m. After a rest at the summit, you can look forward to a fantastic descent to the Britannia Hut. (Distance: 2.5 km; Duration: 2.5 hours; Ascent: 600 vertical meters).
- Day 3** From the hut to Alphubel 4,206 m and its wide summit plateau, with magnificent panoramic views of the entire Valais mountainscape. Followed by the descent to Felskinn and back to the Britannia Hut. (Distance: 8 km; Duration: 5.5 hours; Ascent: 1,450 vertical meters).
- Day 4** A short descent to the Allalin Glacier and a climb past Fluchthorn and Rimpfischhorn to Strahlhorn 4,190 m. Your efforts will then be rewarded by an incredible, long descent over the Adler and Findelen Glaciers down into the busy mountaineering town of Zermatt. (Distance: 7.5 km; Duration: 4.5 hours; Ascent: 1,300 vertical meters).
- Day 5** Travel by gondola to the Klein Matterhorn 3,883 m. Via the Breithorn Plateau, you'll climb the mountain of the same name, the Breithorn 4,164 m. The descent via Schwarztor to the Grenz Glacier is a further highlight of this week. A last ascent will lead you to the beautiful Monte Rosa Hut. (Distance: 6.5 km; Duration: 3 hours; Ascent: 900 vertical meters).
- Day 6** Via the Grenz Glacier, you'll climb the Signalkuppe 4,556 m. The fifth 4,000-meter peak of this week is also the highest one and the location of Capanna Margherita. A magnificent view of the entire Monte Rosa Massif and, on a clear day, all the way to Turin are compensation for the efforts needed in the thin mountain air. A fantastic long descent to Zermatt concludes this wonderful touring week. (Distance: 7.5 km; Duration: 6-7 hours; Ascent: 1,650 vertical meters).

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### Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Climbing harness with 1 saferlock carabiner (or 2y screw carabiners)
- ☐ Ice axe
- ☐ Crampons with ABS

### Technical equipment

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Touring backpack or avalanche airbag backpack (approx. 30 l with ski carrier)
- ☐ Ski touring equipment (skis, bindings, skins, ski crampons)
- ☐ Ski touring boots
- ☐ (telescopic) ski poles
- ☐ Ski helmet (optional)
- ☐ Climbing harness with 1 saferlock carabiner (or 2y screw carabiners)
- ☐ Ice axe
- ☐ Crampons with ABS

### Clothing

- ☐ ski jacket and ski pants (Gore-Tex or similar material)
- ☐ Soft shell and/or fleece jacket
- ☐ Short/long functional underwear
- ☐ Beanie and headband
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ Functional socks and spare socks

### Overnight cottage

- ☐ Own toiletries, ear plugs if required
- ☐ clothes to wear in the hut and the hotel (Minimum)
- ☐ slipper socks are at the hut
- ☐ Sleeping bag liner made of silk or cotton (for hygienic reasons)
- ☐ Pillow (60x60)
- ☐ SAC/Alpine Club member card (if available)

### Food

- ☐ breakfast and dinner in a hotel or a hut
- ☐ Tea and lunch must be brought or can be bought in the village or at the hut
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

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### Various

- ☐ Sunglasses and ski goggles
- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Camera and binoculars (optional)
- ☐ half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ headlamp or flashlight with new batteries
- ☐ Small medicinal supplies for personal requirements