

# ZERMATTERS

## ALPINE SCHOOL

# Mountaineering tour Clariden 3267 m and Schärhorn

## MOUNTAINEERING TOUR IN THE GLARNER ALPS (CH) | 2 DAYS

Technique	<b>intermediate</b>  Alpine technique: basic course or similar prior knowledge required; Terrain: longer steep sections and traverses, also over glaciers
Condition	<b>intermediate</b>  Duration from 5 to 7 hours, up to approx. 1,200 vertical meters, approx. 300 vertical meters per hour. Our Self-Check ( <a href="https://findmind.ch/c/eJTb-6Cue">https://findmind.ch/c/eJTb-6Cue</a> ) can help you estimate your condition for this tour.
Meeting place	6 p.m. Hotel Klausenpass
Departure	Approx. 15.30 p.m. Klausenpass
Accommodation	Hotel Klausenpass (Touris Basecamp) Planurahütte

## Services

Included	<ul style="list-style-type: none"><li>• Guiding and supervision by a mountain guide</li><li>• Accommodation with half board: 1x mountain hotel (base camp), 1x hut (base camp)</li><li>• 15% discount on mammut.com</li></ul>
Not included	<ul style="list-style-type: none"><li>• Rental Equipment</li><li>• Travel to the course</li><li>• Snacks and drinks</li><li>• A CHF CHF 12.- per night (approx.) hut tax for non-SAC members</li><li>• Contribution to the Travel Guarantee Fund (0.25% on total amount)</li></ul>

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### Program

- Day 1** Individual arrival at the Hotel Klausenpass. Dinner together and discussion of the programme.
- Day 2** Across alpine pastures and a rocky path to Iswändli. Roped up over glaciers we reach the pre-peak and follow the ridge (with chain belays) to the summit. From here we enjoy the panoramic view from the Bernese Alps to the Säntis. Descent to the Planurahütte where we enjoy the dinner in the hut (Distance: 8.3 km, walking time approx. 5-6 h, ascent/descent: 1400/450 elev. m).
- Day 3** We cross the Hüfigletscher to the east ascent of the Schärhorn. Descent via the Chamlijoche and Iswändli. From there the trail leads us back to the Klausen Pass. Individual journey home (Distance: 12 km, walking time approx. 6-8 h, ascent/descent: 770/1680 elev. m).

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### Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented: **Please note that the backpack with the equipment does not weigh more than 8 to 10 kg (crampons, ice axe, harness weigh about 1.5 kg).**

- ☐ Climbing harness with 1x safelock carabiner
- ☐ Ice axe
- ☐ Crampons with ABS
- ☐ Helmet

### Technical equipment

- ☐ Climbing harness with 2 screwgate Carabinners and 1 Prusik
- ☐ Ice axe
- ☐ Crampons with ABS
- ☐ Helmet
- ☐ Backpack approx. 30l with rain cover
- ☐ Gaiter (optional)

### Clothing

- ☐ 1x Hardshell-Jacke und 1x Hose (wind- und wasserdicht)
- ☐ 1x Hochtouren- oder Trekkinghose
- ☐ 1x Soft Shell und/oder Fleecejacke
- ☐ 1x Daunenjacke
- ☐ 1x Funktionelle Unterwäsche kurz/lang
- ☐ 1x Mütze/Stirnband und 1x Cap/Hut
- ☐ 2x Handschuhe (1x dünn; 1x warm, wind- und wasserdicht)
- ☐ 1x Funktionssocken und 1x Ersatzsocken
- ☐ Bergschuhe (mind. knöchelhoch, stabile Sohle)

### Overnight cottage

- ☐ Own toiletries, ear plugs if required
- ☐ Clothes to wear in the hut (Minimum)
- ☐ Slipper socks are at the hut
- ☐ Sleeping bag liner made of silk or cotton (for hygienic reasons)
- ☐ SAC/Alpine Club member card (if available)

### Food

- ☐ Breakfast and dinner at the hut
- ☐ Tea and lunch must be brought or can be bought at the hut
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

### Various

- ☐ Sunglasses
- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Camera and binoculars (optional)

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- ☐ Half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ Headlamp with new batteries
- ☐ Small medicinal supplies for personal requirements