

# ZERMATTERS

## ALPINE SCHOOL

# Skitour - Andermatt

## INTRODUCTION TO TOURING (CH) | 1 DAY

In the spirit of “earn your turns”, we will introduce you to the world of touring and enjoy sharing with you the sensation of carving fresh tracks over a slope following a relaxed ascent. Our mountain guide will pass on useful tips on technique, equipment and assessing the terrain.

This course is suitable for ski tourers and snowboarders.

<b>Technique</b>	<b>beginner</b>  Piste: confident on skis, Powder snow: no experience necessary, Terrain: relatively steep, open terrain For snowboarders: confident traversing (frontside/backside), ability to ride flat areas using a sliding technique (ski poles)
<b>Condition</b>	<b>beginner</b>  Duration from 2 to 4 hours, up to approx. 700 vertical meters, approx. 250 vertical meters per hour.
<b>Meeting place</b>	8.30 a.m. Mammut Store Andermatt / Imholz Sport, Furkastrasse 2, 6490 Andermatt (train arrival 8.22 a.m. Andermatt)
<b>Departure</b>	Approx. 3.30 pm Mammut Store Andermatt

## Services

<b>Included</b>	<ul style="list-style-type: none"><li>• Guidance and supervision provided by a mountain guide</li><li>• Mammut Safety Equipment to test (Avalanche Safety Equipment and Avalanche Airbag worth CHF 89.-)</li><li>• 15% discount on mammut.com</li></ul>
<b>Not included</b>	<ul style="list-style-type: none"><li>• Travel to the course</li><li>• Transport (possible journey by mountain rail)</li><li>• Snacks and drinks</li><li>• Ski touring equipment (skis, binding, skins, ski crampons, poles and insurance CHF 49.- )</li><li>• Ski touring boots (CHF 25.-)</li><li>• Contribution to the Travel Guarantee Fund (0.25% on total amount)</li></ul>

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### **Program**

**Day 1** Various options will be available for an easy tour, depending on the conditions. For example, ascents toward the Winterhorn at the Gotthard Pass, to the Stotzigen Firsten at the Furka Pass or the Seelange below the Pazolastock on the Oberalp Pass.

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### Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Avalanche-Airbag-Backpack
- ☐ Ski touring equipment (skis, binding, skins, ski crampons, poles)
- ☐ Ski touring boots
- ☐ MSR Snowshoes (for Snowboarders)
- ☐ Eiger Extreme Hardshell Jacket to test

### Technical equipment

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Avalanche airbag backpack (approx. 30 l with ski carrier)
- ☐ Ski touring equipment (skis, bindings, skins, ski crampons)
- ☐ Alpine ski boots or touring ski boots
- ☐ Alternative to ski touring equipment: Splitboard with skins or snowboard and snowshoes including snowboard boots
- ☐ (telescopic) Ski poles
- ☐ Ski helmet (optional)

### Clothing

- ☐ 1x ski jacket and 1x ski pants (Gore-Tex or similar material)
- ☐ 1x Soft shell and/or fleece jacket
- ☐ 1x Short/long functional underwear
- ☐ 1x Beanie and 1x headband
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ 1x Functional socks and 1x spare socks

### Food

- ☐ You need to bring your own hot drinks and lunch or can be bought on-site
- ☐ Snacks (e.g. energy bars, dried fruit)

### Various

- ☐ Sunglasses and ski goggles
- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Camera (optional)
- ☐ Half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ Small medicinal supplies for personal requirements