

ZERMATTERS

ALPINE SCHOOL

From north to south

SKI TOUR FROM ANDERMATT TO TICINO (CH) | 5 DAYS

Romans, knights and travellers of the Middle Ages have gritted their teeth on the crossing of the Alps. But for alpinists, the mountain massif is above all one thing: a huge playground. The Gotthard massif offers countless ski tours in winter. With the Mammút Alpine School you cross the impressive bulwark from north to south. Experience lonely ascents, hut romance, thrilling descents and a well-earned birra on the Piazza in Locarno.

Technique **intermediate**

Piste: very confident on skis; Powder snow: solid prior experience; Terrain: mostly steep terrain, narrow couloirs;

Condition **intermediate**

Duration from 5 to 7 hours, up to approx. 1,200 vertical meters, approx. 300 vertical meters per hour.

Meeting place 08.30 a.m. Mammút Store Andermatt (train arrival at 08.21 a.m.)

Accommodation Hotel Rössli Hospental Rotondohütte 2570 m Ristorante All'Acqua - Val Bedretto Cristallinahütte 2572 m

Services

Included

- Guiding and supervision by a mountain guide
- Accommodation with half board: 2x hotel (1x standard multi-bed room, 1x standard double room), 2x hut (base camp)
- 15% discount on mammut.com

Not included

- Travel to the course
- Transports
- Rental Equipment
- Snacks and drinks
- A CHF 12 per night (approx.) hut tax for non-SAC members

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Program

- Day 1** Welcome in Andermatt, handing over of the rental equipment and then with the gondola at approximately 3000 m to the Gemsstock. Here there are summits, couloirs and deep snow slopes as far as the eye can see. After an avalanche safety check, a racy first day in the direction of Guspis and a short ascent to the imposing rock needle, the Gloggentürmli. A long descent leads to the Gotthard pass and back to Andermatt in the Urseren valley. (Distance: 12.7 km, Duration: 3-4 hours, Ascent/Descent: 620/2100 vertical meters)
- Day 2** From Realp through the lonely Wittenwasseren valley to the Rotondo hut 2570 m, depending on conditions with a detour to one of the surrounding peaks. The Rotondo Hut stands exactly on the meteorological north-south border and with a little luck, exciting weather phenomena can be observed. (Distance: 8.2 km, Duration: 5-6 hours, Ascent/Descent: 1150/125 vertical meters)
- Day 3** High alpine scenery over the Geren glacier to Passo di Rotondo. Then follows an impressive descent down into the Bedretto Valley directly to the terrace of the Ristorante All' Acqua, where you have earned a cool refreshment. (Distance: 8.5 km, Duration: 3-4 hours, Ascent/Descent: 500/1450 vertical meters)
- Day 4** Freshly reinforced from breakfast, you will ascend at a comfortable pace to the Cristallina Hut. If you still have enough energy on the way, make a detour to the Cima di Lago, a summit surrounded by prominent Valais peaks, striking central Swiss summits and numerous Grisons mountains. To the south, the valleys lose themselves in the width of the Po Valley. At the Cristallina Hut you will notice that you have definitely arrived on the southern side of the Alps: there is lively conviviality and a Ticino Merlot is served for dinner. (Distance: 6.1 km, Duration 5-7 hours, Ascent/Descent: 1300/30 vertical meters, with Cima di Lago 1590/320 vertical meters)
- Day 5** The imposing Basòdino glacier is the silent witness of the last curves towards south. The powder snow gives way to the spring meadows of the Bavona Valley. By cable car and post bus we go to Locarno, where we enjoy a last refreshment on the piazza and take another turn through powdery slopes covered in deep snow. (Distance: 5.4 km, Duration: 2-3 hours, Ascent/Descent: 250/390 vertical meters)

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Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Avalanche-Airbag-Backpack
- ☐ Ski touring equipment (skis, binding, skins, ski crampons, poles and insurance)
- ☐ Ski touring boots

Technical equipment

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Avalanche airbag backpack (approx. 30 l with ski carrier)
- ☐ Freerideskis with touring or freeski binding (incl. climbing skins and ski crampons, waist at least 80 mm)
- ☐ Alpine ski boots or touring ski boots
- ☐ (telescopic) Ski poles
- ☐ Ski helmet (optional)

Clothing

- ☐ 1x Ski jacket and 1x ski pants (Gore-Tex or similar material)
- ☐ 1x Soft shell and/or fleece jacket
- ☐ 1x Short/long functional underwear
- ☐ 1x Beanie and 1x headband
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ 1x Functional socks and 1x spare socks

Overnight cottage

- ☐ Own toiletries, ear plugs if required
- ☐ Clothes to wear in the hut (Minimum)
- ☐ Slipper socks are at the hut
- ☐ Sleeping bag liner made of silk or cotton (for hygienic reasons)
- ☐ SAC/Alpine Club member card (if available)

Food

- ☐ Breakfast and dinner at the hut
- ☐ Tea and lunch must be brought or can be bought at the hut
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

Various

- ☐ Sunglasses and ski goggles
- ☐ Sun cream and lip cream (SPF 30 or higher)

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- ☐ Camera and binoculars (optional)
- ☐ Half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ Headlamp with new batteries
- ☐ Small medicinal supplies for personal requirements