### ZERMATTERS ALPINE SCHOOL

### Wildhorn 3,248 meters

## ON THE HIGHEST ELEVATION IN THE WESTERN BERNESE ALPS (CH) | 3 DAYS

Three-day tour in the beautiful Wildhorn region. With its two summits at 3,246 meters and 3,247 meters, the Wildhorn is the highest elevation in the Wildhorn range in the western Bernese Alps.

Technique beginner-intermediate

Alpine technique: no prior knowledge needed; Terrain: mostly moderately steep, short

steeper sections and traverses

Condition intermediate

Duration from 5 to 7 hours, up to approx. 1,200 vertical meters, approx. 300 vertical

meters per hour

Meeting place 9.30 a.m. Lenk train station, train arrival 9.21 a.m. Lenk

Departure Approx. 16.00 p.m. Lenk train station

Accommodation Wildhornhütte SAC 2303 m

#### **Services**

Included
Guiding and supervision by a mountain guide

Accommodation with half board: 2 x hut (base camp)

• 15% discount on mammut.com

Not included • Travel to the course

Transport (taxi)

· Snacks and drinks

A CHF 12 per night (approx.) hut tax for non-SAC members

Rental Equipment

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### **Program**

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Individual arrival at Lenk, welcome by the mountain guide and handover of rental equipment. The group will then travel together by taxi to the Iffigenalp. Today's tour will take you via Iffigensee to the Wildhorn Hut at 2,303 meters. On the way, you will be given tips on hiking technique, an introduction to avalanche theory and use of emergency equipment. (Distance: 6 km, Hiking time approx. 4 hours, Ascent/Decent: 800/0 vertical meters).

Day 2

Starting from the hut, you will climb over the Chilchli Glacier up to the Wildhorn at 3,247 meters. The stunning view from the top will be a fitting reward for your exertions. Climb back down to the Wildhorn Hut. (Distance: 10 km, Hiking time 4-6 hours, Ascent/Descent: 1,000/1,000 vertical meters).

Day 3

During the descent down from the hut, we will climb the Iffighore, before making our way over superb slopes down to Färichen, where the taxi will then take us back to Lenk. (Distance: 10 km, Hiking time 4-6 hours, Ascent/Descent: 250/1,300 vertical meters).

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### Rental equipment

☐ Sunglasses and ski goggles

Our	r mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:
	Barryvox (Avalanche Transceiver)
	Avalanche Probe
	Avalanche Shovel
	MSR Snowshoes
	(telescopinc) Ski poles
	Climbing harness with 1 safelock carabiner (or 2x screw carabiners)
Te	echnical equipment
	Barryvox (Avalanche Transceiver)
	Avalanche Probe
	Avalanche Shovel
	Touring backpack (approx. 30I)
	Snowshoes
	(telescopinc) Ski poles
	Climbing harness with 1 safelock carabiner (or 2x screw carabiners)
	Gaiter (optional)
C	lothing
	1x ski jacket and 1x ski pants (Gore-Tex or similar material)
	1x Soft shell and/or fleece jacket
	1x Short/long functional underwear
	1x Beanie and 1x headband
	2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
	1x Functional socks and 1x spare socks
	Warm, robust winter shoes, must be laceable and have solid soles or mountain boots
0	vernight cottage
	Own toiletries, ear plugs if required
	Clothes to wear in the hut (Minimum)
	Slipper socks are at the hut
	Sleeping bag liner made of silk or cotton (for hygienic reasons)
	SAC/Alpine Club member card (if avalaible)
F	bood
	Breakfast and dinner at the hut
	Tea an lunch must be brought or can be bought at the hut
	Snacks (e.g. energy bars, dried fruit, dried meat)
Vá	arious

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Sun cream and lip cream (SPF 30 or higher)
Camera and binoculars (optional)
Half fare travelcard (if existing)
Thermos flask made from break-proof material
Headlamp with new batteries

☐ Small medicinal supplies for personal requirements