

Iconic Hiking Trails

VIA ALPINA - THE BEST OF SWITZERLAND | 7 DAYS

Experience the adventure of a lifetime: a hiking trail through the heart of Switzerland. Hike over a glacier, experience the famous Titlis Cliff Walk and many more attractions while enjoying the world-renowned mountain panorama. The trail leads you over famous passes like "Grosse Scheidegg" close to the stunning Eiger North face to beautiful mountain lakes like "Engstlensee" and connects well known destinations such as Lucerne, Interlaken and Montreux. Enjoy the hospitality of authentic Swiss mountain huts and luxurious hotels and discover cultural and traditional highlights along the path

Technique	beginner-intermediate
-----------	-----------------------

A continuous route, sure-footedness and initial experiences of mountain hiking required; Terrain: mostly moderately steep with short steeper sections (T2); Alpine

technique: experience is not necessary

Condition intermediate

Duration from 2 to 5 hours, up to approx. 700 vertical meters, approx. 250 vertical meters per hour. Longer hikes possible but optional. Cable car can be used as an alternative.

Accommodation

H+ Hotel & SPA EngelbergHotel EngstlenalpParkhotel Du Sauvage MeiringenHotel Falken WengenEurotel Montreux

Services

Inclusive

- · Certified Mountain Guide from Mammut Alpine School
- · Halfboard in traditional to luxurious hotels
- · All transfers
- · Luggage transport
- Welcome apero
- · Personal certificate and Mammut giveaway
- Insurance

Exclusive

- · Flight to Switzerland
- · Lunchbox and drinks

ZERMATTERS ALPINE SCHOOL

Program

Day 1	Welcome at the airport or as defined. Transfer to Engelberg where the Mammut Alpine
	School Mountain Guide will join the group. Opening apero and briefing in the local
	Mammut store. Welcome dinner and then overnight in the scenic H+ Hotel & Spa

Engelberg with spacious wellness area.

By gondola to Titlis. Experience the breathtaking cliff walk, then back to have lunch at Trübsee where you can plunge into the turquoise water. Up by hiking or gondola to the Jochpass at 2207m. On the way, chamois, marmots and even ibexes are a common sight. The days destination will be the beautiful Engstlen mountain lake. Enjoy your overnight staying in a nostalgic mountain lodge in a very quiet and remote area.

(Distance: 3.5km. Hiking time: 2h. Alt. diff. Down: 450m.)

Enjoy a beautiful hike on the ridge high above Meiringen, through blooming moutain meadows with a stunning view to the Bernese mountains such as world-renowned Eiger, Mönch and Jungfrau. From Planplatten by gondola to Hasliberg and Meiringen. Optional routes to Melchsee Frutt available. Stay overnight in the picturesque and exquisite Parkhotel du Sauvage. (Distance: 10km. Hiking time: 3.5h. Alt. diff. Up/ Down: 650/300m.)

From Meiringen by the funicular to the mighty Reichenbachfalls. Then by postalcar to Grosse Scheidegg with a visit of the majestic Rosenlaui glacier gorge and the venerable Rosenalui hotel, one of the first hotels of Switzerland. Enjoy then your ride down to Grindelwald and further to Wengen with the Eiger Northface directly in front of you. Enjoy the hospitality of the traditional and family-run Hotel Falken and linger a while in its sun-blessed spa. (Distance: 2km. Hiking time: 1.5h. Alt. diff. Up/Down 130/130m.)

As an unforgetable highlight, you hike above a glacier. By train to Jungfraujoch, the Top of Europe. On the prepared slope to the Mönchsjochhut. Get roped together and experience a breathtaking glacier trekking on the Ewig Schneefäld. After lunch in the Mönchsjochhut back to Jungfraujoch and to Kleine Scheidegg. A nice walk takes you further to Männlichen. Enjoy the royal ride in open air gondola down to Wengen. Another overnight stay at Hotel Falken. (Distance: 6-8km. Hiking time: 3-4h. Alt. diff. Up/Down: 700/400m.

Visit the beautiful town of Interlaken. By train to Spiez, Zweisimmen and on board of the famous Montreux Oberland train on the GoldenPass route to splendid Montreux. Overnight stay at the magnificent Eurotel Montreux.

Day 4

Day 5

ZERMATTERS ALPINE SCHOOL

Day 7

Hike the last mile of the Via Alpina from Rochers de Naye down to Montreux. Visit the majestic Château de Chillon. Farewell dinner with your Mountain Guide in the exquisite restaurant La Rouvenaz. (Distance: 13km. Hiking time: 4h. Alt diff. Up/Down: 100/1650m.)

