

# ZERMATTERS

## ALPINE SCHOOL

# Glacier trekking under the gaze of the Tödi

## FROM GLARUS TO URI (CH) | 3 DAYS

With the mighty Tödi towering above, you'll be trekking across two immense glacial expanses straddling the cantons of Glarus and Uri. This remote, pristine area is not only known for its fascinating alpine landscapes but also for its cosy, inviting huts and the unspoiled quality of the surrounding nature.

<b>Technique</b>	<b>beginner</b>  A continuous route, sure-footedness and advanced experience of mountain hikes required; Terrain: mostly moderately steep; Alpine technique: experience is not necessary
<b>Condition</b>	<b>beginner-intermediate</b>  Duration from 4 to 6 hours, up to approx. 1,000 vertical meters, approx. 250 vertical meters per hour.
<b>Meeting place</b>	11 a.m. Postauto station Urnerboden Dorf (Bus arrival 10.52 a.m. Urnerboden Dorf)
<b>Departure</b>	ca. 3 p.m. Erstfeld Bahnhof
<b>Accommodation</b>	Claridenhütte SAC 2451 m Planurahütte SAC 2940 m

## Services

<b>Included</b>	<ul style="list-style-type: none"><li>• Guiding and supervision by a mountain guide</li><li>• Accommodation with half board: 2 x hut (base camp)</li><li>• 15% discount on mammut.com</li></ul>
<b>Not included</b>	<ul style="list-style-type: none"><li>• Rental Equipment</li><li>• Travel to the course</li><li>• Transport (taxi approx. CHF 30.-/person)</li><li>• Glacier equipment CHF 60.- (climbing harness, ice axe, crampons)</li><li>• Snacks and drinks</li><li>• Hut tax CHF 12.- per night if not a SAC/Alpine Club member</li><li>• Contribution to the Travel Guarantee Fund (0.25% on total amount)</li></ul>

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### Program

- Day 1** Arrival, meet-up and cable car ride to the Fisetengrat. Enjoy some lovely trekking below the Gemsfärenstock and onward to the cosy Clariden Hut. Welcome drink and dinner with the group. (Distance: 6,4 km. Duration: 3-4 hours. Ascent/Descent: 665/220 vertical meters)
- Day 2** From the hut, ascend to the Claridenfirn. Introduction to using your ice axe and crampons. After roping up, we'll cross the glacier at an easy pace, enjoying views of the crown jewel of the Glarus Alps, the Tödi, and the Clariden on the opposite side of the valley. Overnight stay at the Planura Hut (2940 m). (Distance: 7,2 km. Duration: 4-5 hours. Ascent/Descent: 525/70 vertical meters)
- Day 3** The icy expanses of the Hüfi Glacier are truly awe-inspiring. Then it's on to the Hüfi Hut, towards Guferen and down into the Maderanertal valley. From there, shuttle to Erstfeld. (Distance: 11.4 km. Duration: 5-6 hours. Ascent/Descent: 65/1650 vertical meters)

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### Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented. **Please note that the backpack with the equipment does not weigh more than 8 to 10 kg (crampons, ice axe, harness weigh about 1.5 kg).**

- ☐ Climbing harness with 1x safelock carabiner
- ☐ Ice axe
- ☐ Crampons with ABS

### Technical equipment

- ☐ Climbing harness with 1x safelock carabiner (or 2x screw carabiners)
- ☐ Ice axe
- ☐ Crampons with ABS
- ☐ Backpack approx. 30l with rain cover
- ☐ Gaiter (optional)
- ☐ Telescopic trekking poles with snow baskets (optional)

### Clothing

- ☐ 1x Hardshell jacket and pants (wind- and waterproof)
- ☐ 1x Mountaineering or trekking pants
- ☐ 1x Soft shell and/or fleece jacket
- ☐ 1x Down jacket
- ☐ 1x Short/long functional underwear
- ☐ 1x Cap/headband and 1x hat
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ 1x Functional socks and 1x spare socks
- ☐ Hiking shoes or mountaineering shoes (at least ankle-high, hard sole)

### Overnight cottage

- ☐ Own toiletries, ear plugs if required
- ☐ Clothes to wear in the hut (Minimum)
- ☐ Slipper socks are at the hut
- ☐ Sleeping bag liner made of silk or cotton (for hygienic reasons)
- ☐ pillow (60x60)
- ☐ towel
- ☐ SAC/Alpine Club member card (if available)

### Food

- ☐ Breakfast and dinner at the hut
- ☐ Tea and lunch must be brought or can be bought at the hut
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

### Various

- ☐ Sunglasses
- ☐ Sun cream and lip cream (SPF 30 or higher)

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- ☐ Camera (optional)
- ☐ Half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ Headlamp with new batteries
- ☐ Small medicinal supplies for personal requirements