

ZERMATTERS

ALPINE SCHOOL

Via ferrata climbs for beginners in Andermatt

EDUCATIONAL COURSE: CLIMBING ROCKY ROUTES SAFELY (CH) | 2 DAYS

Via ferrata routes are exciting. Vertical rock faces can be tackled without too much effort. Andermatt is the perfect place for this fundamentals course and for you to learn a thorough understanding of via ferratas.

Content	<ul style="list-style-type: none">• Handling and proper use of safety gear• Efficient via ferrata climbing techniques• Gear and materials• Planning tours and difficulty scales for via ferrata climbs• Alpine hazards
Destination	After this course, you will have the basic skills to tackle easy via ferrata routes on your own or participate in a more advanced course.
Technique	beginner No prior knowledge required. Participants must not be afraid of heights or suffer from vertigo. Safety: fully secured route with steel cables, iron rungs, bars and ladders. Terrain: brief exposed vertical sections (K1-2)
Condition	beginner Duration from 2 to 5 hours, up to approx. 700 vertical meters, approx. 250 vertical meters per hour.
Meeting place	9.30 a.m. Mammut Store Andermatt / Imholz Sport - Piazza Gottardo (train arrival 9.22 a.m. Andermatt)
Departure	Approx. 4 p.m. from point of departure
Accommodation	Booking Option: Hotel Sonne

Services

Included	<ul style="list-style-type: none">• Guiding and supervision by a mountain guide• Rental equipment• 15% discount on mammut.com
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Not included

- Travel to the course
- Transport (possible travel by mountain rail)
- Optionally bookable with surcharge (please select the corresponding room request when booking): One night Overnight stay in Hotel Sonne with half board, bed in double room at CHF 160.00 per person, double room for single use at CHF 240.00 per person.
- Snacks and drinks
- Contribution to the Travel Guarantee Fund (0.25% on total amount)

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Program

- Day 1** After the participants have met up and collected their rental gear, the guide will go over the course schedule. And then it's time to head straight out to conquer your first via ferrata. Here, the guide will teach the basic skills and cover the main aspects of via ferrata climbing.
- Day 2** You have another challenging day ahead of you and an opportunity to put your new skills to the test. The Via Ferrata Diavolo in Andermatt is just the place.

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Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented.

- ☐ Climbing harness
- ☐ Via ferrata climbing set
- ☐ Climbing helmet

Technical equipment

- ☐ Backpack approx. 30l
- ☐ Climbing harness
- ☐ Climbing helmet
- ☐ Via ferrata climbing set

Clothing

- ☐ Hardshell jacket (wind- and waterproof)
- ☐ Hardshell pants (wind- and waterproof)
- ☐ Soft shell and/or fleece jacket
- ☐ Climbing pants
- ☐ functional socks
- ☐ isolation jacket
- ☐ short/long functional underwear
- ☐ Cap/hat
- ☐ Via ferrata gloves (if available)
- ☐ Hiking shoes or mountaineering shoes (at least ankle-high, hard sole)

Overnight cottage

- ☐ Clothes and shoes for the evening (for wearing in the accommodation and in the village)
- ☐ Own toiletries, ear plugs if required
- ☐ Towel

Food

- ☐ Breakfast and dinner at the hotel
- ☐ You need to bring your own hot drinks and lunch or you can buy them in the village
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

Various

- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Sunglasses
- ☐ Thermos flask made from break-proof material
- ☐ Small medicinal supplies for personal requirements
- ☐ Camera (optional)