

# ZERMATTERS

## ALPINE SCHOOL

# Dufourspitze 4,634 meters

## TOP OF SWITZERLAND (CH) | 5 DAYS

Over the course of this week, you will be scaling the most interesting and diverse peak in the Monte Rosa area. Not forgetting, of course, the highest Swiss summit, the Dufourspitze at 4,634 meters.

This is an offer for skiers only.

<b>Technique</b>	<b>demanding</b>  Piste: very confident and fast on skis; Powder snow: solid experiences in all types of snow; Terrain: mostly steep terrain, narrow couloirs; Alpine technique (ski touring) for climbing sections: solid touring experience as well as skilled handling of crampons and ice picks
<b>Condition</b>	<b>demanding</b>  Duration from 8 to 10 hours, up to approx. 1,800 vertical meters, approx. 350 vertical meters per hour.
<b>Meeting place</b>	15.45 p.m. Saas Fee bus station (bus arrival 15.34 p.m. Saas Fee, bus station)
<b>Departure</b>	Approx. 15.00 p.m. Zermatt train station
<b>Accommodation</b>	Britannia Hut SAC, 3030 m Monte Rosa Hut SAC, 2883 m

## Services

<b>included</b>	<ul style="list-style-type: none"><li>• Guiding and supervision by a mountain guide</li><li>• Accommodation with half board: 4 x hut (base camp)</li><li>• Mammut safety equipment for testing (avalanche equipment worth CHF 99)</li><li>• 15% discount on mammut.com</li></ul>
<b>Not included</b>	<ul style="list-style-type: none"><li>• Travel to the course</li><li>• Transport (mountain rail approx. CHF 30)</li><li>• Snacks and drinks</li><li>• A CHF 12 per night (approx.) hut tax for non-SAC members</li><li>• Glacier equipment CHF 85 (harness, crampons, ice axe)</li><li>• Contribution to the Travel Guarantee Fund (0.25% on total amount)</li></ul>

# ZERMATTERS

## ALPINE SCHOOL

### Program

- Day 1** Individual arrival in Saas Fee. The mountain guide will welcome you here, go over the plans for the following days of the tour and distribute any rental equipment. You will take the mountain railway to Felskinn at 2,989 meters. After an avalanche transceiver briefing in the terrain, you will make your way to the Britannia Hut. In the evening, drinks will be followed by dinner with the group. (Distance: 2.5 km; Hiking time: 1 hour. Ascent: 250 vertical meters).
- Day 2** Setting out early in the morning, you will ski down directly from the hut to the Hohlaub Glacier and onto the Allalin Glacier. You will make your way over this glacier to the Allalin Pass and then head west around the Rimpfischhorn. Following the south ridge (easy climbing), you will then climb from the ski deposit point up to the summit at 4,198 meters before skiing back down over the Allalin Pass to around 200 vertical meters below the hut. (Distance: 15,2 km. Hiking time: 6-7 hours. Ascent: 1,290 vertical meters).
- Day 3** The Strahlhorn, 4,190 meters, never seems to come any closer. The approach is long, but it's worth the effort. From the summit, you will ski down to the Adler Pass. This run down over the Adler and Findelen glaciers guarantees plenty of thrills. You will then climb up to the Stockhorn Pass and ski down over the Gorner Glacier until you come to a small counter ascent to the Monte Rosa Hut at the end. (Distance: 19,5 km. Hiking time: 9-10 hours; Ascent: 1,450 vertical meters).
- Day 4** Today, our goal is the highest Swiss mountain, the Dufourspitze, 4,633 meters. Starting out early in the morning, you will climb over the Monte Rosa Glacier up to the start of the west ridge, where you will leave your skis. You will then continue from here to the summit. The run down is long, beautiful and unforgettable. (Distance: 10,6 km; Hiking time: 7-8 hours. Ascent: 1,650 vertical meters).
- Day 5** From the Monte Rosa Hut, you will climb over the Gorner and Findelen glaciers to the Cima di Jazzi at 3,803 meters. Endless wide slopes will be the reward for your exertions. Ski down to Zermatt. (Distance: 21,5 km. Hiking time: 5-6 hours; Ascent: 975 vertical meters).

# ZERMATTERS

## ALPINE SCHOOL

### Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented:

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Climbing harness with 1 safelock carabiner
- ☐ Ice axe
- ☐ Crampons with ABS
- ☐ Climbing helmet

### Technical equipment

- ☐ Barryvox (Avalanche Transceiver)
- ☐ Avalanche Probe
- ☐ Avalanche Shovel
- ☐ Touring backpack (approx. 30l)
- ☐ Ski touring equipment (skis, bindings, skins, ski crampons)
- ☐ Ski touring boots
- ☐ (telescopic) Ski poles
- ☐ Climbing harness with 1 safelock carabiner (or 2x screw carabiners)
- ☐ Ice axe
- ☐ Crampons with ABS
- ☐ Climbing helmet

### Clothing

- ☐ 1x Ski jacket and 1x ski pants (Gore-Tex or similar material)
- ☐ 1x Soft shell and/or fleece jacket
- ☐ 1x Short/long functional underwear
- ☐ 1x Beanie and 1x headband
- ☐ 2 pairs of gloves (1 thin pair, 1 warm, windproof and waterproof pair)
- ☐ 1x Functional socks and 1x spare socks

### Overnight cottage

- ☐ Own toiletries, ear plugs if required
- ☐ Clothes to wear in the hut (Minimum)
- ☐ Slipper socks are at the hut
- ☐ Sleeping bag liner made of silk or cotton (for hygienic reasons)
- ☐ Pillow (60x60)
- ☐ SAC/Alpine Club member card (if available)

### Food

- ☐ Breakfast and dinner at the hut
- ☐ Tea and lunch must be brought or can be bought at the hut

# ZERMATTERS

## ALPINE SCHOOL

- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

### Various

- ☐ Sunglasses and ski goggles
- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Camera and binoculars (optional)
- ☐ Half fare travelcard (if existing)
- ☐ Thermos flask made from break-proof material
- ☐ Headlamp with new batteries
- ☐ Small medicinal supplies for personal requirements