

ZERMATTERS

ALPINE SCHOOL

Via ferrata Tierbergli and Tälli

EXCITING VIA FERRATAS IN AN ALPINE ENVIRONMENT (CH) | 2 DAYS

Technique	beginner Experience of easy via ferrata, freedom from vertigo and arm strength required. Protection/terrain: Steep rocky terrain with vertical sections, there are also small, well-secured overhangs (K3-4).
Condition	beginner Duration from 7 to 9 hours, up to approx. 1500 vertical meters, approx. 350 vertical meters per hour.
Meeting place	9.00 Hotel Steingletscher, Sustenpass
Departure	Approx. 3 p.m. in Gadmen

Services

Included	<ul style="list-style-type: none">• Guiding and supervision by a mountain guide• Accommodation with half board: 1x hotel (standard multi-bed room)• 15% discount on mammut.com
Not included	<ul style="list-style-type: none">• Travel to the course• Transport (possible travel by mountain rail)• Rental Equipment (CHF 15 for via ferrata set)• Snacks and drinks• Contribution to the Travel Guarantee Fund (0.25% on total amount)

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Program

Day 1	Hotel Steingletscher - Klettersteig - Tierberglhütte - Hotel Steingletscher
Day 2	Luftseilbahn Gaden - Tälihütte - Einstieg Klettersteig - Sätteli - Tälihütte - Gaden

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Rental equipment

Our mountain guide will bring the ordered rental equipment to the meeting place. The following equipment can be rented.

- ☐ Climbing harness
- ☐ Via ferrata climbing set
- ☐ Climbing helmet

Technical equipment

- ☐ Backpack approx. 30l
- ☐ Climbing harness
- ☐ Climbing helmet
- ☐ Via ferrata climbing set

Clothing

- ☐ Hardshell jacket (wind- and waterproof)
- ☐ Hardshell pants (wind- and waterproof)
- ☐ Soft shell and/or fleece jacket
- ☐ Climbing pants
- ☐ functional socks
- ☐ isolation jacket
- ☐ short/long functional underwear
- ☐ Cap/hat
- ☐ Via ferrata gloves (if available)
- ☐ Hiking shoes or mountaineering shoes (at least ankle-high, hard sole)

Overnight cottage

- ☐ Clothes and shoes for the evening (for wearing in the accommodation and in the village)
- ☐ Own toiletries, ear plugs if required
- ☐ Towel

Food

- ☐ Breakfast and dinner at the hotel
- ☐ You need to bring your own hot drinks and lunch or you can buy them in the village
- ☐ Snacks (e.g. energy bars, dried fruit, dried meat)

Various

- ☐ Sun cream and lip cream (SPF 30 or higher)
- ☐ Sunglasses
- ☐ Thermos flask made from break-proof material
- ☐ Small medicinal supplies for personal requirements
- ☐ Camera (optional)